



DISCLAIMER

JIMBEE VOLCANO ULTRAMARATHON CARTAGENA 2022

By means of this document, I hereby declare:

1. That I have read, understand and fully accept the Regulations of the sporting event in which I am participating, whether it is the Ultra 112k, Relay 112k, Marathon 66k, Trail 34k or Promo 10k, to be held on September 30th, October 1st and 2nd. These regulations are published on the official website of the race.

ULTRA – 112K
RELAY – 112K
MARATHON – 66K
TRAIL – 34K
PROMO – 10K

2. (112k runners only.) To participate in the Jimbee Volcano UltraMarathon - Ultra 112k it is recommended that you provide proof of having participated in a mountain race with at least 40 km, even if you did not finish the race.

3. That it is my sole responsibility to ensure that I am physically and psychologically well prepared to participate in the race and to follow the appropriate medical controls and stress tests to ensure that I am in good health, without suffering from any disease, allergy, physical defect, injury or cardio-respiratory condition that would make my participation inadvisable.

4. That I am fully aware of the hardness of the race, route, profile and its distance, which I have previously checked on the website of the race.

5. That I am aware that the route of the race runs through mountain trails with technical difficulty that may involve serious risks of injury and even falling into the void.

8. That I am aware that along the route I may come across livestock, wildlife and insects that may attack me, even without provocation or apparent reason.

9. That I am aware that along the route there are species of plants that I should not touch and/or eat.

10. That I am aware that along the route I will find non-controlled water and therefore may be NON-POTABLE WATER.

11- That I am aware that in foggy conditions and lack of visibility the signage may be insufficient to guide me and that I can easily get lost and that, in the event that I perceive that I am off the route (and that I am unable to find it), I will stop, call for help and prepare myself for a wait that may last many hours until I am located or until visibility improves.

12- That I am aware that there are areas of the route without cell phone coverage, so there is a risk of not being able to ask for help when I need it.

13- That I am aware that in the case of needing help from the organization and/or rescue teams, these may take many hours to find me in extreme weather conditions and/or lack of visibility, especially if I am outside the marked route.

14- That I am aware that the final list of minimum mandatory equipment recommended by the organization will be based on the weather forecast and that, therefore, it may be insufficient in the event that the forecast is not met or that extreme weather conditions, such as sudden drops in temperature, rain, fog, snow, hail, strong wind, thunderstorms, etc. occur suddenly. It is therefore up to me to assess this risk linked to the mountain, to decide whether I should carry more additional equipment for the sake of my own safety taking into account the risks described above.

15- That I agree to comply with the rules and safety protocols established by the Organization of the race in which I will participate, as well as to maintain a responsible behavior that does not increase the risks to my physical or mental integrity. I will follow the instructions and abide by the decisions taken by those responsible for the Organization (judges, doctors and organizers) on safety matters.

16. That I authorize the Medical Services of the race to perform any treatment or diagnostic test they deem necessary at any time during the race, whether or not I have requested it myself. Upon their request, I agree to leave the race and/or to allow my hospitalization if they deem it necessary for my health.

17. That I authorize the Organization of the race to take and use any photograph, film or recording I take, provided that it is exclusively related to my participation in this event, and not to receive any remuneration in return.

18. That I will not consume prohibited substances considered as doping by the athletics and mountain federations. The Organization can carry out doping controls to the first three classified in each category of each race.

19. That I am aware that my race bib is personal and non-transferable, so I will not give or sell it to any other person, even in the event that I cannot attend the race.

20. That I will not throw or leave objects or solid or liquid waste outside the places specifically designated for the collection of such waste.

21. That I will not leave the marked course to take a shortcut.

23. That, being informed and being aware of all the risks, I participate voluntarily and under my own responsibility in the race. Therefore, I exonerate the organization, collaborators, sponsors and other participants from any responsibility for any physical or material damage that may occur to myself and, therefore, I waive the right to file a complaint or lawsuit against them.

Name and surname

ID or passport

At (location)....., on the of, 2022

Ultra 112k Relay 112k Marathon 66k Trail 34k Promo10k

SIGNATURE